

Life in Christ!

Lesson 2: Grade 1

Lesson 2

Jesus the Christ! - Hebrews 9:15

Good News!

"He who eats my flesh and drinks my blood has eternal life and . . . abides in me, and I in him" John 6:54- 56.



"It is the Church that believes first, and so bears, nourishes, and sustains my faith" CCC 168. The Eucharist is "the source and summit of the Christian life". The other sacraments, and indeed all ecclesiastical ministries and works of the apostolate, are bound up with the Eucharist and are oriented toward it. For in the blessed Eucharist is contained the whole spiritual good of the Church, namely Christ himself, our Pasch" CCC 1325

Faith -Prayer- Liturgy- Mission



Matthew 26:26-28. 1 Corinthians 11:23-26 John 6:54-56

<https://bible.usccb.org/bible>

Jesus the Christ, the Catholic church, baptism, the Holy mass, and the summit of our faith- The Holy Eucharist- are faith themes of this lesson. Discuss what was learned.

Read scripture about the last supper together. See The Last Supper video. (3 min). <https://youtu.be/KywnAfLnOxw>

Review Vocabulary Words: Catholic, Holy, Baptism, Celebration, Holy Communion, Genuflect



Reflection

Discuss why mass is important to your family.

Discuss how your family honors the Holy Eucharist.



Pray & Learn

View. Pray. <https://youtu.be/NaYGh10wCOI> (2 min)

Pray together! Act of Spiritual Communion <https://youtu.be/nZFUzC6Cduk>

Pray the Glory Be and the Our Father <https://youtu.be/MZPCG5slxhk>



Mission

Attend Mass: Give Worship & Thanks. Pay close attention to the bells at mass. This is when the bread and wine turn into the body and blood of Jesus!

Share the story of the last supper and holy communion with 1 person. Explain how Jesus loves them and remains with us in the Holy Eucharist!



"I adore you Jesus, true God, and true man, present in the holy Eucharist, kneeling before you and united in spirit with all the faithful on earth and all the saints in heaven. In gratitude for so great a blessing, I love you with all my heart, for you are worthy of all praise and adoration. Lord Jesus Christ, may I never offend you with my lack of love. May your Eucharistic presence refresh me in body and soul. Mary, Mother of the Eucharistic Lord, pray for me and obtain for me a greater love for Jesus". Amen.



Resources

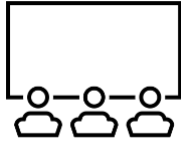
The meaning of the word Church 2 min. <https://youtu.be/EvKCX0ShZn0>

The Right Way to Enter a Pew (2 min). <https://youtu.be/ORp6d7YOoas>

What makes Sunday Special. (6 min) <https://youtu.be/jTZsbt0BwD4>

My Time with Jesus. Baptism (23 min). <https://youtu.be/57psECBdqQU>

Baptism: First Holy Communion Journey 2 (10 min)
<https://youtu.be/VX8AsYySlqk>



Parent Resources

The Sacrament of the Eucharist as Real Presence. https://youtu.be/sgy_TFelyiM

How to Keep our Kids Catholic. 35 min. <https://youtu.be/wSn-ik7bmeM>

What do we do in Adoration? 5 min. <https://youtu.be/mbyMeNPddBs>

View a Catholic Baptism together with your child. Talk to your child about their baptism day or view a video of their baptism together, show pictures - <https://youtu.be/LB5zL2apiw> 9 min.